

ITINERARY:

DAY 1

Arrival day in Port Moresby.

Your Australian guides meet you at the airport and convey you to your hotel. This night involves a comprehensive trek briefing and delicious group dinner.



DAY 2

Kokoda to Deniki 3 hours trekking

Pick up from the hotel at 4.00am and conveyed to the domestic airport. We then take a flight from Port Moresby to Popondetta and complete the journey to Kokoda in our transport. We walk up to the Kokoda plateau to meet the local villagers where you will be introduced to your local porters and support staff. We inspect the remarkable Kokoda museum, monuments and memorials. Lunch by the river at the beautiful Hoi village and then onto Deniki. Enjoy the spectacular views over the Kokoda valley where you spend your first night on the track.



DAY 3

Deniki to Alola 6 hours trekking

A highlight of today is spending time paying your respects at the Isurava war memorial. This memorial was opened in August 2002 to commemorate the incredible four day battle that took place here and the courage displayed by such men as Butch Bisset, Charlie McCallum and Bruce Kingsbury. We lunch here then walk to Alola village to spend the night and enjoy the magnificent views down the valley.



ITINERARY:

DAY 4

Alola to Dump 2 8 hours trekking

Trek down to Eora Creek village with a fascinating inspection of Japanese trenches, ammunition, armoury and mountain gun site along the way. Lunch at Templeton's Crossing (Named in honour of Captain Sam Templeton revered by his men who disappeared during fighting north of Kokoda). Overnight camping at Dump 2. Excellent campsite for a refreshing swim.



DAY 5

Dump 2 to Kagi 8 hours trekking

Trek to Kagi via the Kokoda gap, where we ascend Mt Bellamy, the highest point on the track. Onto the Myola 1 airfield and hospital site. Inspect the Myola ammunition dump still containing wartime Australian mortars, grenades and mines. Lunch here and then onto Naduri and into Kagi where we spend the night experiencing traditional village life.



DAY 6

Kagi to Menari 7 hours trekking

Today's highlight is trekking up Mission Ridge and Brigade Hill, the scene of another famous battle. We have lunch at the monument on Brigade Hill and then start the big downhill trek for a refreshing swim in the river near the picturesque Menari. Here we see the plaque laid in honour of Damian Parer, the famous Australian war photographer.



ITINERARY:

DAY 7

Menari to Nauro
6 hours trekking

After leaving Menari and walking up a steep saddle, we descend “The Wall” and trek to the Brown River for a refreshing swim. We then ascend the challenging “False Peaks” and up to the beautiful Nauro village campsite.



DAY 8

Nauro to Ua-Ule creek
7 hours trekking

Today we trek over the Maguli Range, down to Ofi creek for a well-earned swim and lunch break. We head up a steep incline to Ioribaiwa ridge, a scene of more vicious fighting. We trek through Ioribaiwa Village which was the southernmost point of the main Japanese advance on the Kokoda Track. We then slog our way through beautiful little creeks and walk to Ua-Ule Creek rest house where we finish our day by having a refreshing swim in the beautiful rock pools.



ITINERARY:

DAY 9

Ua-Ule creek to Owers Corner 6 hours trekking

An early start today to trek along the river and up the long steep climb of Imita Ridge and then down the location of the “Golden Stairs” to the Goldie River where we cool off with a swim. After this we climb a steep hill to our destination, Owers Corner, where we walk shoulder to shoulder together under the famous Kokoda arch. This will be one of the best achievements of your life and it is an amazing feeling.

At this very special location, we have a well-deserved delicious lunch with cold drinks whilst you reflect upon the last eight days. We then board a bus to the Bomana War Cemetery where we pay homage to all those brave men who lost their lives on the track. Following this we head back to our hotel in Port Moresby for a celebratory dinner and presentation of our trek certificates.



DAY 10

Travel Home



What's Involved?

- 11 Days / 10 nights – Including travel time.
- 9 days / 8 nights on the Track.
- Hiking – 96km of beautiful tropical rainforest. Although it is steep & arduous terrain over the massive Owen Stanley Mountain Range.
- Hiking distance ranges from 12-19 km per day.
- Terrain – Track consists of mud, rocks, tree roots (and sometimes flat !!).



ITINERARY:

Preparation

- Extensive training is required. Several months (depending on your fitness level) of hiking up and down hills carrying your pack.
- Your aim will be completing two x 1 hour sessions midweek and then longer treks on a weekend day, involving walking steep hills/stairs, carrying the pack weight you'll have on the Track.
- A solid preparation will make the experience a whole lot more enjoyable.
- Medical clearance from a doctor is required and to be returned 6 weeks before the trek.
- You can expect that your pack will weigh approximately 15 kilos so it is important that you slowly build your weight up into your pack to 15 kilos over the duration of your training.

Safety

- We will have a Highly qualified medic on our trek.
- Satellite phone.
- Villages have UHF radios.
- Extensive first aid kit and defibrillator.
- Experienced local porters with good knowledge of the Track and evacuation locations.
- Very experienced Australian guides.

