

Be Prepared for the

Kokoda Trail

Trekking the Kokoda Track is a challenging, unforgettable adventure that tests both physical and mental endurance. Because the route runs through some of the world's most remote jungle, a proper medical review and planning before you go is essential. That's where we come in.

At The Travel Prac, our goal is to help you start your trek confident, informed, and medically ready.



► What we offer

- **Pre-trip medical assessment and clearance**
- **Malaria prophylaxis** discussion and tailored medication advice
- **Immunisation checks and recommendations**
- **Prescriptions** for appropriate travel and emergency medications
- **First-aid kit guidance** and packing recommendations

► How it works

- 1) Attend an **online education session**
- 2) **Book an appointment** online
- 3) Complete the **intake form 72 hours prior** to your consultation
- 4) Attend your **30-minute video telehealth** consultation
- 5) Receive your consultation report with **recommendations and scripts**

Please Note

- That consultations are **\$82.50 inclusive of GST**
- Due to recent Medicare changes, there is **no Medicare rebate**
- If you have any questions or concern before or after your consultation, please feel free to **contact me via phone or email**



**THE
TRAVEL
PRAC.**

Book Your Consultation Today



www.thetravelprac.com.au

info@thetravelprac.com.au

Phone: 03 9769 6013

Fax: 03 7054 3641